

**FREE READJUSTMENT COUNSELING FOR
COMBAT VETERANS,
INCLUDING ACTIVE DUTY,
AND THEIR FAMILIES
Open Monday – Friday
8:00am–4:30pm
Evening and Weekend Hours
By Appointment**

- **Counseling**
 - Individuals
 - Groups
 - Couples and families
- **Services**
 - PTSD
 - Depression and Anxiety
 - Military Sexual Trauma/Harassment
 - Anger Management
 - Bereavement
- Alcohol and Substance Abuse Problems
- Trouble Coping with Stress
- **Groups**
 - Combat Veteran Coping Skills
 - Vietnam Veterans Support
 - Managing Your Emotions
 - PTSD Family Support
 - Relapse Prevention
 - Women’s Social Support
- **Confidentiality**

Our services are always veteran focused. We honor the service and the sacrifice of our nation’s veterans and their families and respect your privacy and confidentiality

White Plains Vet Center,
300 Hamilton Ave.
Suite C 1st Fl
White Plains, NY 10601
(914) 682-6250

“Keeping the Promise”

