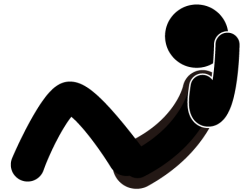




HARRISON RECREATION DEPARTMENT

GET FIT WITH NICK



Start your morning off right with an intense workout that will have you coming back for more. Every session will involve strength movements and shorter, high-intensity cardiovascular workouts to finish off the session. The class will focus on pushing one another to do their absolute best, achieving fitness goals and building friendships through exercise. This class will guarantee and good night's sleep and can be done virtually if weather is bad for the day.

Name _____ Sex _____ Phone _____

Address _____ Town _____ State _____ Zip _____

School child attends _____ Grade in Sept 2020 _____

PLEASE PRINT PARENT'S EMAIL ADDRESS IN BOXES PROVIDED BELOW

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CIRCLE ONE: .COM .NET .ORG .EDU .GOV OTHER _____

Date of Birth: Month _____ Day _____ Year _____
(required to participate)

Dates 7/6, 7/8, 7/13, 7/15, 7/20, 7/22 (Mondays and Wednesdays)
Athletes Boys and girls going into 6th, 7th or 8th grade
Location West Harrison Park
Price \$50

West Harrison Park	DT - Veterans Park
Time- 9am-10am	Time- 11am-12pm

I would like to attend (circle one)

West Harrison Park	DT
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*****NOTE:** We will be adhering to all up to date Safety & Social Distancing Guidelines. You will receive an email the week prior on instructions and/or what you need to do/bring.

Due to
LIMITED ENROLLMENT
Please Call (914) 835 – 3130 to Register
(Do NOT leave voice message)

OFFICE USE ONLY: CHECK # _____ AMOUNT _____ RECEIVED BY _____ DATE _____

in consideration of your accepting this registration, I, the undersigned, for myself, my executors, administrators, assignees, do hereby release and discharge the Town-Village of Harrison and the Harrison Recreation Department, and any and all sponsors, organizers and their representatives and successors from all claims of damages, demands, action and causes of actions whatsoever, in any manner arising or grown out of my child's participation in said program.

Parents Signature _____