

HARRISON RECREATION DEPARTMENT
LIFEGUARD TRAINING, FIRST AID AND CPR COURSE
AMERICAN RED CROSS CERTIFICATION

Courses offered only to residents who are working for the Brentwood and Ron Belmont Pools

Location: Louis M. Klein Middle School and West Harrison Senior Annex

Dates: Saturday May 18th 10:00 am - 3:00 pm LMK Pool
Sunday May 19th 10:00 am-3:00pm (CPR/First Aid/Final Exam) Senior Annex
Online Blended Learning Course-must be completed before May 18th

It is mandatory to attend all classes No exceptions

If additional hours are needed- Dates to be determined

Requirements:

***Age 15 by start of class. We will need a copy of birth certificate.**

***Available for all sessions**

***Complete a swim-tread-swim sequence without stopping to rest. Jump into water and totally submerge, resurface then swim 150 yards using front crawl or breaststroke. Maintain position at the surface for 2 minutes by treading water with your legs ONLY. Swim 50 yards using crawl or breaststroke to finish. Goggles are permitted.**

***Retrieve a 10 pound object from a depth of 9 feet and swim 20 yards with object.**

Class size is limited - Registration is on a first come basis

Resident Fee: \$375.00

Check made payable to Town/Village of Harrison

Any questions please contact Kristen Ciafone at 914-670-3068 or email Kciafone@harrison-ny.gov

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LIFEGUARD TRAINING COURSE

Name\_\_\_\_\_

Address\_\_\_\_\_

Date of Birth\_\_\_\_\_ Home Phone\_\_\_\_\_ Cell #\_\_\_\_\_

Email address\_\_\_\_\_

**Waiver of Liability:**

We, the parents or legal guardian of the child named above, hereby give our consent for his or her participation. We release the Recreation Department, Town/Village of Harrison, and related swim personnel from any responsibility should any mishap occur.

**Signature of parent/guardian:**

Parent's Signature if under 21 \_\_\_\_\_