

HARRISON RECREATION DEPARTMENT  
LIFEGUARD TRAINING, FIRST AID AND CPR COURSE  
AMERICAN RED CROSS CERTIFICATION

**\*Courses offered only to residents who are working for the Brentwood and Ron Belmont Pools\***

Location: Louis M. Klein Middle School and West Harrison Senior Annex

Dates: Saturday April 6<sup>th</sup> 10:00 am – 3:00 pm LMK Pool  
Sunday April 7<sup>th</sup> 10:00 am-3:00pm (CPR/First Aid/Final Exam) Senior Annex  
Online Blended Learning Course-must be completed before April 5th

**It is mandatory to attend all classes No exceptions**

If additional hours are needed- Dates to be determined

**Requirements:**

\*Age 15 by start of class. We will need a copy of birth certificate.

**\*Available for all sessions**

\*Complete a swim-tread-swim sequence without stopping to rest. Jump into water and totally submerge, resurface then swim 150 yards using front crawl or breaststroke. Maintain position at the surface for 2 minutes by treading water with your legs ONLY. Swim 50 yards using crawl or breaststroke to finish. Goggles are permitted.

\*Retrieve a 10 pound object from a depth of 9 feet and swim 20 yards with object.

Class size is limited - Registration is on a first come basis

Resident Fee: \$375.00

Check made payable to Town/Village of Harrison

**Any questions please contact Kristen Ciafone at 914-670-3068 or email Kciafone@harrison-ny.gov**

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LIFEGUARD TRAINING COURSE

Name\_\_\_\_\_

Address\_\_\_\_\_

Date of Birth\_\_\_\_\_ Home Phone\_\_\_\_\_ Cell #\_\_\_\_\_

Email address\_\_\_\_\_

**Waiver of Liability:**

We, the parents or legal guardian of the child named above, hereby give our consent for his or her participation. We release the Recreation Department, Town/Village of Harrison, and related swim personnel from any responsibility should any mishap occur.

**Signature of parent/guardian:**

Parent's Signature if under 21 \_\_\_\_\_