

HARRISON RECREATION DEPARTMENT

Presents

Movement with James

This program was developed to educate and inspire.

This introductory level experience is aimed to inspire and promote an appreciation and understanding of the many forms of fitness. Inspired by yoga practices, HIIT, Zumba, plyometric, and a lifetime playing sports, this program provides young athletes with a unique opportunity to learn about and experience movement and physical fitness in a variety of ways.

*All athletes must bring their own water bottle and yoga mat or towel

Name _____ Sex _____ Phone _____

Address _____ Town _____ State _____ Zip _____

School child attending _____ Grade in Sept 20 _____

PLEASE PRINT PARENT'S EMAIL ADDRESS IN BOXES PROVIDED BELOW

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CIRCLE ONE: .COM .NET .ORG .EDU .GOV OTHER _____

Child's Date of Birth: Month _____ Day _____ Year _____ SESSION LOCATION _____

in consideration of your accepting this registration, I, the undersigned, for myself, my executors, administrators, assignees, do hereby release and discharge the Town-Village of Harrison and the Harrison Recreation Department, and any and all sponsors, organizers and their representatives and successors from all claims of damages, demands, action and causes of actions whatsoever, in any manner arising or grown out of my child's participation in said program.

Signature _____ Parent/Caregiver

NOTE: We will be adhering to all up to date Safety & Social Distancing Guidelines. You will receive an email the week prior on instructions and/or what you need to do/bring.

Tuition - \$100.00 Checks Payable to Town/Village of Harrison

Due to Limited Enrollment Please call (914) 835-3130 to Register (Do not leave voice message)

CLASSES AND TIMES ARE SAME FOR BOTH LOCATIONS

Students Entering Grades 1, 2 – 2pm – 3pm

Students Entering Grades 3, 4 – 3:30pm – 4:30pm

West Harrison Park 7/6, 7/8, 7/13, 7/15, 7/20, 7/22

Veterans Park 7/7, 7/9, 7/14, 7/16, 7/21, 7/24