

Harrison Recreation Presents

Harrison Rec Track Club

Spring Season

May 7, 2024

Location - LMK Track

6 week session, twice a week

2nd - 8th Grade - Tuesdays & Thursdays

From 5:30 pm - 6:30 pm

Learn the Basics and Fundamentals of Track & Field. Some of the techniques that will be taught include:
Intro to stretching & long distance exercise, mini hurdles, sand pit drills and many fun games.

Registration deadline is Thursday, April 25

All Applications received after this date may be placed on a waitlist. Fee After April 25 - \$125.00

PLEASE PRINT CLEARLY

Name _____ Sex _____ Phone _____

Address _____

Grade _____ Date of Birth _____ Current ID# _____

Email: _____

Shirt Size - Please Circle:

Youth (SM) (Med) (LG)

Adult (SM) (Med) (LG)

Fee \$95.00 Check payable to Town/Village of Harrison

Applications Available at: www.harrison-ny.gov/recreation